

Pray Out Loud

By Fabian Müller

Music Don't Forget Where You Come From – Kyle Park

Style West Coast Swing

Level Intermediate

Description 32 Counts, 4 Walls, 2 Restarts, 1 Bridge

Part A

Sect 1 WALK, WALK, ANCHOR STEP, BACK, BACK, ¼ SAILOR TURN WITH CROSS

1 - 2 Step forward R – Step forward L

3 & 4 Step ball of R foot behind L – Step L in place – Step R slightly back

5 - 6 Step back L – Step Back R

7 & 8 ¼ Turn left step back L – Close R next to L – Cross L in front of R

Restart in 7th wall

Sect 2 POINT, HEEL, SHUFFLE FORWARD, ROCK STEP, RECOVER, COASTER STEP, KICK

1 & 2& Point R to right side – Step together R – Heel L forward – Step together L

3 & 4 Step forward R – Step ball of L behind R – Step forward R

5 - 6 Rock forward L – Recover R

7 & 8 Step Back L – Close R next to L – Step forward L

Bridge in 6th wall, then continue with the dance by kick with right foot

& Kick forward R

Sect 3 MODIFIED JAZZ BOX, TOE STRUT, TOUCH, SHUFFLE FORWARD

1 - 2& Cross R in front of L – Step back L – Step Side R

3 - 4 Cross L in front of L – Touch R toe to right

5 - 6 Strut R foot and drag L foot toward R foot – Touch L next to R and bush hip to right side

7 & 8 Step forward L – Step ball of R behind L – Step forward L

Restart in 5th wall

Sect 4 ROCK STEP, RECOVER, ½ SHUFFLE TURN, FULL TURN SHUFFLE FORWARD

1 - 2 Rock forward R – Recover L

3 & 4 ¼ Turn right step side R – Close L next to R – ¼ Turn right step forward R

5 - 6 ½ Turn right step back L – ½ Turn tight step forward R

7 & 8 Step forward L – Step ball of R behind L – Step forward L

Bridge in wall 6 after 16 counts

Sect 1 WALK WALK

1 - 2 Walk forward R – Walk forward L



heavymetalcowboy.ch
fabian.langnau@bluewin.ch